

ACTIVITY GUIDE

- NATURAL BIRDFEEDER



Connecting creatively to the
landscape of the Wye Valley AONB and Forest of Dean

NATURAL BIRD FEEDER



Get satisfaction and enjoyment watching the birds and other wildlife in your garden feed from your very own natural bird feeder. Using an orange as a bowl to contain birdseed and other treats, it is constructed with simple natural objects and is friendly to the environment as it is fully compostable.

Activity rating

Suitable for most people but assistance may be needed as you will need a sharp knife to cut the orange and apple core.

Time required for activity

30 mins.

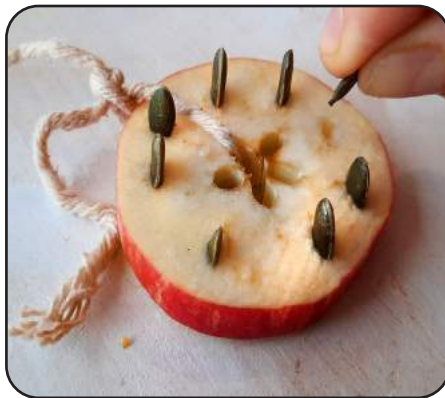
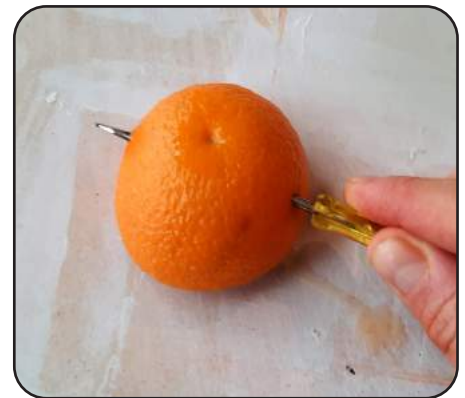
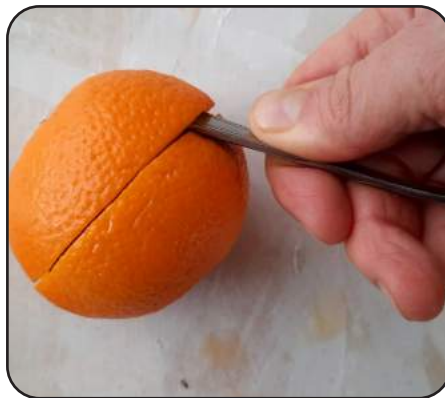
Preparation time

10-15 mins to prepare the table. Thin sticks suitable for the cross structure will be required so possibly a walk in the garden or forest beforehand is required. Wooden barbecue skewers can be used as an alternative.

Shopping list

- Apples and oranges
- String x2 roughly 2-3 feet and x1 1 foot
- Peanut butter
- Bird seeds / pumpkin seeds
- Tablespoon
- Thin sticks x2 (roughly 30cm)
- Scissors
- Secateurs
- Chopping board
- Plate or bowl
- Small screwdriver or similar to create a small hole in the orange peel

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Step by step instructions

1. Take your orange and carefully cut into the surface by about 1cm, rotating it around to complete the cut. Now take your spoon and using the handle to push up and under the peel where you have just cut to separate the fruit from the skin inside. You should then have one half of the orange husk free and this will become your bowl.
2. Take your small screwdriver and pierce a hole through one side of the bowl pushing through to the opposite side. Take your stick and gently push through both holes. Repeat this process to achieve a cross like structure with one stick overlapping the other in the centre of the orange bowl.
3. Take your two pieces of longer string and tie around the four sticks at each end.
4. If you want to include the hanging apple piece, slice an apple to about 1cm thick and take out the core carefully with a knife so that you can tie the remaining string through it.
5. Take your pumpkin seeds and push them into the flesh of the apple so they won't fall out easily.
6. Put a dollop of peanut butter on a plate and sprinkle in the bird seed mixing it together and scoop this up and place into the orange bowl.
7. It is now ready to be placed outside. You can hang the bowl from a branch or similar and tie the apple slice above the bowl so that it hangs a few centimetres above it.

Top Tips

- Have more than one orange as you may accidentally damage one whilst removing the fruit pith inside.
- Use a chopping board to protect any tables and to stop the fruit from slipping as you are cutting.