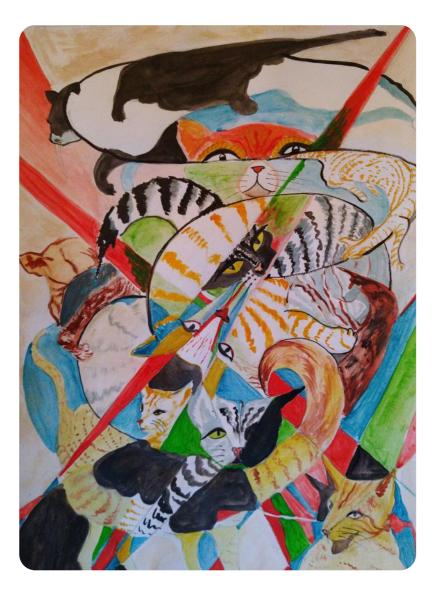
# **Autumn** Programme 2023









# Autumn Programme 2023

Starting September 2023



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## Introduction





Artspace Cinderford are an arts and education based charity based in the Forest of Dean. Established in 1988, the organisation specialises in offering fully inclusive, accessible creative opportunities for people of any age or ability.

Artspace are based at the New Mercury arts centre, Cinderford and offer a wide range of courses and one off workshops for adults and children, including painting and drawing, animation, drama, singing and circus skills.

In addition to the in-house programme, the organisation works extensively on an out-reach basis, at festivals, events and in schools, care homes and village venues.

Artspace are delighted to announce our new programme for the Autumn 2023 term! We are offering a fantastic mixture of 'in person' classroom based and 'distance learning' (online) courses.







### **Adult Education**

Artspace offer both online and in person courses funded by Adult Education Gloucestershire. For online courses we will deliver a package of art materials directly to your home which will contain all the materials that you need to participate. Classes will be delivered via weekly Zoom workshops. You will also be given access to a secure learner area on our website **www.artspacecinderford.org** to access additional resources and support.

For in person courses all materials required for each class will be provided.



### **Course Fees**

Our courses for adults start from as little as £35 for an 8 week course and include all materials. Concessionary rates are available for those with a disability or who are on means tested benefits. FREE places are available on select courses for those with fewer than 5 GCSE's (level 2) or less than a level 2 maths qualification. If you think you may qualify for a concessionary rate, please contact us to discuss your eligibility.

To express your interest in a place or for more information about a course, please email: **sue@artspacecinderford.org** and provide your name, phone number and the title of the course you are interested in, and we will get back to you.

## **MONDAY**

#### Festival, with Angie Burgess

Starts Monday 25th September 2023 / 6 weeks with half-term break

10:00am – 12:00pm (at Artspace Cinderford)

\*\*FREE\*\*

Next in the 'Festival' range will be BEST OF THE BRITS. We will be identifying some of our favourite artists and bands from England, Ireland, Scotland and Wales, from the swinging 60's and before to the present day and choosing tracks for our playlist. Inspiration for our artwork will be based on the music and associated images. Singing and dancing will be encouraged. Which era will your artists be from? This will be a fun course for all learner levels.









## Willow Weaving Frame Baskets, with Helen Parkinson

Starts Monday 25th September 2023 / 6 weeks with half term break

10:00am - 1:00pm (at Artspace Cinderford)

Cost: £80/£45 concessions

During this Autumn term we will be focusing on creating a beautiful and useful frame basket using a variety of different coloured willow. There will also be an opportunity to complete a variety of small projects for your home and garden. At the end of the course, you will have a good basic knowledge of Willow types and how to prepare them, weaving tools and how to use them and the traditional techniques involved in constructing a frame basket. You are welcome to bring along a favourite pair of secateurs, but tools will be provided.

## **MONDAY**



#### **Knitting for Beginners, with Cherry Lyne**

Starts Monday 25th September 2023 / 8 weeks with a half term break

12:15pm – 2:30pm (at Artspace Cinderford)

Cost: £35/£15 concessions

Learn the rudiments of knitting while you create your own scarf. Together we will learn and practice the basic stitches that make up so many garments we love. All materials supplied and this is an in-person course aimed at the complete beginner. We will be learning knit, pearl, rib and moss stitch, as well as casting on and off and you will go home with a gorgeous scarf you have made yourself! Those who attended last term who wish to continue will have the opportunity to expand their range of stitches either by continuing their current project or starting a new one. Returning knitters are welcome to extend their knowledge/ experience.

#### **Creation Stories, with Aileen Wright**

Starts Monday 25th September 2023 / 8 weeks with half term break

3:00pm - 4:00pm (on Zoom)

Cost: £45/£25 concessions

In this online class we will explore the vast and fascinating subject of spirituality in art. We will look at representations of indigenous totems and early pagan fertility symbols, the very decorative gods and goddesses of India, the art of Ancient Greece through to the very Eastern inspired early Christian frescos and icons. And to bring us to more recent times we will consider how early abstract painters such as Hilma Af Klint and Piet Mondrian were very much guided in their work by their own spiritual beliefs. Inspired by all of this, we will create exciting, colourful paintings and mixed media artworks as well as experimenting with the sculptural possibilities of air-drying clay.







## **TUESDAY**

#### **Print & Paint, with Bela Keilt**

Starts Tuesday 26th September 2023

/ 6 weeks with half-term break

10:00am – 12:15pm (at Artspace Cinderford)

Cost: £80/£45 concessions

This course will encourage learners to experiment with different forms of simple printmaking and other painting techniques. We will work on paper, card and fabric and you can choose from a range of designs or make your own. We will explore a range of different paints and make our own from earth pigments and natural materials. No experience necessary, just be prepared to have a go!





## **WEDNESDAY**





## Circus & Performing Arts, with Jo Jarratt

Starts Wednesday 27th September 2023 / 9 weeks with half-term break

10:00am – 12:00pm (at Artspace Cinderford)

Cost: £35

Do you like to perform? Do you love the theatre? Do you love the Circus? Come and join us on this 8 week course of circus, drama and dance, where we shall work together to create a fabulous performance of our own!

## **WEDNESDAY**





#### 3D Ceramics, with Jane Spray

Starts Wednesday 27th September 2023 / 8 weeks with half-term break

10:00am - 12:15pm (at Artspace Cinderford)

Cost: £80/£45 concessions

A ceramic class for those with some previous experience of using clay. Students will be encouraged to work on their own personal projects and may wish to explore techniques of using slips and printing on clay further.





#### **Discover Painting, with Bela Kielt**

Starts Wednesday 27th September 2023 / 8 weeks with half-term break

1:30pm – 3:45pm (at Artspace Cinderford)

Cost: £80/£45 concessions

This course is perfect for beginners as well as people with some experience. During the course you will exercise and explore some of the basic principles of painting: types of composition, light and mixing paint. We will try a variety of exercises, such as making super-fast sketches with a brush. Working on a large scale, you will have fun using paint, charcoal and pencil. We will explore different styles and spend lots of time focusing on observation and painting from life.





#### **Evening Pottery at Artspace**

Starts Wednesday 27th September 2023 / 8 weeks with half-term break

6:45pm – 9:00pm (at Artspace Cinderford)

Cost: £80/£45 concessions

If you cannot make it to Artspace during the day, then this is the evening class for you! Relax and enjoy using clay in a creative atmosphere. A range of making and decorating techniques will be explored throughout the course and you will be encouraged to work on and develop your own projects.

## **THURSDAY**

#### Developing Ideas for Textiles, with Lizzie Godden

Starts Thursday 28th September 2023 / 8 weeks with half-term break

10:15am – 12:30pm (at Artspace Cinderford)

Cost: £80/£45 concessions

We'll keep an ideas book; we might call it a scrap book. In it we'll doodle, print, add pictures, found objects, text and stitch, developing our ideas. We'll have fun experimenting and exploring. Our workbooks could be used within the course to create personal textile pieces.









ONLINE

## Black and White - Observing and Sketching, with Cherry Lyne

Starts Thursday 28th September 2023

/ 8 weeks with half term break

1:00pm - 2:00pm (on Zoom)

Cost: £45/£25 concessions

The skill of observation and reproducing what you see on paper with pencil or pen can be learned and worked on. These skills benefit all areas of your art study.

Over 8 weeks we will look at drawing everyday objects and people with an emphasis on looking and drawing. Suitable for both complete beginners and more advanced learners.

## **FRIDAY**



#### **Discover Drama, with Jo Jarratt**

Starts Friday 29th September 2023 / 8 weeks with half-term break

10:15am - 12:30pm (at Artspace Cinderford)

Cost: £35

Have you ever wanted to have a go at acting? Do you want to develop your confidence? This course offers adults the chance to explore and develop their communication and performing skills; using improvisation, characterisation, vocal and physical exercises in order to challenge and excite! There will also be the opportunity to devise your own piece of theatre for performance.

#### **Steampunked! with Warren Day**

Starts Friday 29th September 2023

/ 8 weeks with half-term break

2:00pm – 4:15pm (at Artspace Cinderford)

Cost: £80/£45 concessions

Steampunk is a subgenre of science fiction that incorporates retro-futuristic technology and aesthetics inspired by 19th-century industrial steam-powered machinery. Get your spanner and rivet guns ready as we are going to time travel back to the Victorian period and explore the amazing world of steampunk. You will explore and experiment with a number of media and materials by manipulating them with specific techniques to achieve an aesthetic suitable for a steampunked outcome creating strange but familiar items such as top hats, goggles and book covers covered with brass, copper, wood and leather. No experience or knowledge needed as the whole steampunk genre will be explained.







## **Multiply**

What is Multiply? Multiply is a new national fund aiming to help adults aged 19+ improve their numeracy skills and is specifically for those who have less than a level 2 maths qualification. (That's a GCSE or O level at grade C or above or a CSE level 1).

What's maths got to do with art? Well actually you might be surprised at just how much maths you are using when making art, without even realizing it! Our range of multiply courses will help you to feel more confident about your number skills whilst producing your own fantastic artwork.

All Multiply courses are completely **FREE** and learners will also receive a pack of lovely art materials to take away with them at the end of the course.

## MONDAY



Multiply

Create Your Own Masterpiece, with Jo Jarratt

Starts Monday 25th September 2023 / 3 weeks

2:00pm – 4:00pm (at Artspace Cinderford)

FREE subject to eligibility

Develop your painting and drawing skills by creating your own transcription of a famous work of art. Learn how to 'scale up' from an image and explore a range of techniques.

## **TUESDAY**

## Exploring Shape, with Bela Kielt

Starts Tuesday 26th September 2023 / 4 weeks

1:00pm – 3:30pm (at Artspace Cinderford)

FREE subject to eligibility

On this course you will work towards creating your own beautiful 3D sculpture from willow and tissue paper. Starting your design work in 2D you will explore using a range of regular and irregular shapes and will also look at pattern and symmetry within your design. You will then learn how to transform your design into a beautiful three-dimensional structure to take away with you.



**Multiply** 

## WEDNESDAY



## **Multiply**

## Circus and Dance, with Kim Harris

Starts Wednesday 27th September 2023 / 3 weeks

1:00pm – 3:00pm (at Artspace Cinderford)

#### FREE subject to eligibility

Make numbers fun with circus and dance. Explore addition, multiplication, pattern and symmetry in ways you would never have expected.

## **THURSDAY**

#### Psychedelia, with Warren Day

Starts Thursday 28th September 2023 / 4 weeks 1:00pm - 3:30pm (at Artspace Cinderford) FREE subject to eligibility

Movements such as Art Nouveau, Surrealism, Op Art and Pop Art shaped the psychedelic style which we know and love today. Have fun exploring a range of mixed media techniques to create brightly coloured, weird and wonderful designs using paints, pens, collage and more. We will look at colour relationships, organic and geometric patterns, optical illusions, abstracts and representational work. We will experiment with techniques such as fluid art, spin paintings and other warping and distorting effects. Towards the latter end of the course, you will have the opportunity to develop and produce your own personal response to this project theme using one or more of the workshops previously undertaken.



**Multiply** 

## SATURDAY



**Multiply** 

## Making Soft Toys, with Cherry Lyne

Starts Saturday 16th September 2023 / 2 weeks 10:00am – 3:00pm (at Artspace Cinderford) FREE subject to eligibility

Ever wanted to make your own soft toys? In this course we will be cutting, hand stitching, jointing and embellishing a teddy bear, that you can take home. It is a methodical process and involves attention to detail, some simple sewing skills and a lot of fun. In the first session, we will discuss patterns and placement on the fabric, cutting and stitching. In the second session we will learn to use safety joints, stuff and make the facial expressions for your bear.

Two five-hour sessions, will include a lunch break, so please bring your own lunch. Tea and coffee and homemade cake will be included.

## SATURDAY SERIES

## **Saturday Series - Weekend workshops for adults**

The Artspace 'Saturday Series' is a programme of weekend workshops for adults running here at Artspace. Each workshop is designed to provide a bespoke, one-off, arts experience that you can enjoy, at your leisure, on a weekend. Whether you would like to paint something to hang on your wall at home, or make a beautiful crafty gift for a friend or family member, these half-day or full day workshops aim to help you to create something unique! A deposit of £20 is required to secure your place on each workshop.

To express your interest in a place, please contact Dan on **01594 825111** or email **dan@artspacecinderford.org** 



SATURDAY SERIES

#### Mindful Photography, with Andy Squiff

Saturday 30th September 2023 / 10:30am - 4:30pm (at Artspace Cinderford)

Cost: £40 including materials.

Andy Squiff is a designer and photographer who has worked in the creative industry for over 30 years, he thrives on the inspiration he finds in nature and enjoys sharing his passion for both creativity and the local area.

This workshop is about finding your creativity and not getting too hung up in technical details. It is suitable for professionals or beginners, you can bring any camera that you regularly use, including your phone. Before we start taking any shots we will take time to relax using breathwork and qi gong to help us awaken us to the present moment and connect with our environment, discovering new ways to look at the world and find beauty in everyday reality. Cinderford offers urban and natural environments to explore, and we can get creative juxtaposing both. This session offers an opportunity to slow down and play, it will leave you feeling inspired and positive.

Please bring a packed lunch.

#### **Botanical Casting, with Svilen Radev**

Saturday 30th September 2023 / 10:30am - 4:30pm (at Artspace Cinderford)

Cost: £45 including materials

Botanical art is made by pressing plants, flowers & objects into clay. They are then removed, and plaster is poured over to create the cast. In the workshop you will create two pieces of art - the clay imprint and the plaster cast in a shape and size of your choice. The botanical relief makes an ideal gift for garden and nature lovers. You are welcome to bring along your own flowers etc. if you'd like.

Please bring a packed lunch.

SATURDAY SERIES



SATURDAY SERIES

### A Day of Guided Life Drawing with a Model, with Cherry Lyne

Saturday 7th October 2023 / 10:30am – 4:30pm (at Artspace Cinderford)

Cost: £45 including materials

A day of guided Life Drawing with an experienced model in a relaxed setting. We will start with quick warm-up exercises and progress to longer poses. Suitable for all levels from first time life drawer to those confident in the art and wanting a full day with a model. Limited spaces available. All materials, tea, coffee, and homemade cake included. **Please bring a packed lunch.** 



SATURDAY SERIES

## Making Cord with All Sorts, with Lizzie Godden

Saturday 21st October 2023 / 10:30am – 1:00pm (at Artspace Cinderford)

#### Cost: £20 including materials

As long ago as 4000BC the Ancient Egyptians were making cordage using grasses, historically cordage has been made with leather, animal hair and various plant matter. On this workshop you'll be able to make cordage using recycled materials - magazines, newspapers, plastic bags, strips of fabric and dried stems. You'll go away with a range of attractive cords, and you'll be keen to make more. I'm sure!

Please bring a packed lunch.

## A Day of Guided Life Drawing with a Model, with Cherry Lyne

Saturday 21st October 2023 / 10:30am – 4:30pm (at Artspace Cinderford)

#### Cost: £45 including materials

A day of guided Life Drawing with an experienced model in a relaxed setting. We will start with quick warm up exercises and progress to longer poses. Suitable for all levels from first time life drawer to those confident in the art and wanting a full day with a model. Limited spaces available. All materials, tea, coffee, and homemade cake included.

Please bring a packed lunch.



SATURDAY SERIES



## Truly Original and Fabulous Christmas Decorations, with Lizzie Godden

Saturday 25th November 2023 / 10:30am - 4:30pm (at Artspace Cinderford) Cost: £45 including materials.

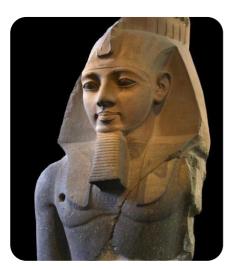
We'll use Christmas fabric and card, we'll print, stitch and collage. At the end of the day, you'll have several very individual decorations and cards, and lots of ideas to make even more!

Please bring a packed lunch.





SATURDAY SERIES



SATURDAY SERIES

## Portrait or Figure Inspired by Ancient Egyptians, with Dorota Rapacz Dufort

Saturday 25th November 2023 / 10:30am - 4:30pm (at Artspace Cinderford) Cost: £45 including materials.

We will have a photo selection of Egyptian sculptures and will have to exercise our 3D awareness to reproduce one in clay. As a starting point, we will discuss the examples of Egyptian art, it's canons, subjects, and aesthetics. Using available photographs, we will reproduce a portrait or a figure in a small-scale using clay, which could be fired after it dries.

Please bring a packed lunch.





mindSCAPE is a FREE project, designed to enable older people living with cognitive differences (such as dementia, parkinsons or stroke) and their carers, to connect to nature through art. mindSCAPE sessions are led by professional artists, and the workshops have an emphasis on nature and the outdoors; we enjoy a varied range of nature-inspired activities like landscape painting,

photography, willow weaving and eco-printing. In the nice weather we enjoy outdoor workshops and short walks.





Workshops take place every other Tuesday in Soudley.

It is free to attend and complimentary refreshments are included (a light lunch of coffee/tea, sandwiches and excellent cakes!)

Booking is essential. If you, or someone you know, would like to access the programme, please contact mindscape@artspacecinderford.org or call 01594 825 111



## TUESDAY

#### Young Creatives: Discover! (Ages 6 – 11)

Starts Tuesday 19th September 2023 / 6 weeks

4:30pm- 5:30pm (at Artspace Cinderford)

Cost: £24 (£16 concessions) for 6 week course

Come join us and discover the world of art, craft and design! 'Discover!' will introduce you to a range of arty projects and you'll get to try your hand at using lots of different materials and techniques throughout the term. We'll design, make and be inspired by the work of other artists, crafts people and designers! Share the creations you're most proud of with your friends and you'll also have the opportunity to achieve an Arts Award certificate!\*\*

\*\*This group will support you to meet all of the assessment criteria to achieve a Discover level Arts Award. Please get in touch for further information about Arts Award including cost of certification.

To book a place for your child/children, please contact **dan@artspacecinderford.org** Places are allocated on a first come first served basis.



**YOUNG CREATIVES** 

### **TUESDAY**





**YOUNG CREATIVES** 

Young Creatives: Explore (Ages 11 - 14)

Starts Tuesday 19th September 2023 / 6 weeks

6.00pm - 7:30pm (at Artspace Cinderford)

Cost: £32 (£22 concessions) for 6 week course

Do you have a passion for art?
Are you a young creative looking to learn some new skills or explore new ways of working? Well, 'Explore' could be for you!
This group will help you to build your art portfolio and will encourage you to develop work in a range of media, using a variety of art, design and craft techniques. You will also research the work of other artists, crafts people and designers, to help inform your own work! Share the creations you're most proud of with your friends and family and you'll also have the opportunity to work towards an accredited Arts Award qualification!\*\*

\*\*This group will support you to create a portfolio which meets all of the assessment criteria to achieve an Explore level Arts Award\*\*. Please get in touch for further information about Arts Award including cost of portfolio moderation.

To book a place for your child/children, please contact

dan@artspacecinderford.org
Places are allocated on a first come first
served basis.

### **THURSDAY**



#### **YOUNG CREATIVES**

Young Creatives: Advance (Ages 12+)

Starts Thursday 21st September 2023 / 6 weeks

5.30pm - 7:30pm (at Artspace Cinderford)

Cost: £38 (£26 concessions) for 6 week course

Are you an experienced young artist looking to challenge yourself? ...Perhaps you've already got an Arts Award or two under your belt? If so, 'Advance' could be the next step on your arts journey! This group is designed as a follow on group from 'Discover!' and/or 'Explore' (although those new to Artspace who have some arts experience are equally welcome!) and will help you to further shape your ideas and develop your art skills in your chosen art form/medium. We'll help you to develop your practice by keeping a sketch book and help you to build a portfolio of work you are proud of. We can also provide support and guidance if you are working towards an arts award qualification\*\*.

\*\*If you would like to work towards an Arts Award at levels 'Bronze' to 'Gold', then we can support you to do so within this group. Please get in touch to discuss how we can support you on your Arts Award journey.

To book a place for your child/children, please contact **dan@artspacecinderford.org** Places are allocated on a first come first served basis.

## **Creative Health Programmes**



**Journeys** is an early intervention 'Arts on Prescription' programme created in collaboration with NHS Gloucestershire ICB and Young Minds Matter. The programme aims to help reduce stress and anxiety and boost low mood, wellbeing and self-esteem of children and young people by enabling participation in creative activities.

Suitable for young people aged 8 - 12 years, in Autumn 2023 a seven-week programme using visual arts and crafts will be delivered by Kate Fellows and Lizzie Godden. Places are free but limited to ensure an appropriate group size and will be allocated on a first come first served basis upon receipt of a suitable referral form.

Venue: Cinderford Artspace, 3 Woodside Street, Cinderford GL14 2NL

**Time:** Monday 2nd October - Monday 20th November 5:30pm – 7:00pm (no session on 30th Oct for half term)

Due to this being an Arts on Prescription programme a referral form will need to be completed for each child prior to attending. The referral may come from a class teacher, your school's mental health lead, a Senco or other member of school staff.

For all enquiries and to request a referral form please contact Creative Health Project Manager, Grace End on **creativehealth@artspacecinderford.org** or on **01594 825111.** 

"It was really nice, and it made me really happy when I came back to my house – I was a much happier person and I was able to express my feelings quite a lot." - participant from previous term

## **Engage Youth Circus**



circus for everyone

**Engage Youth Circus** started with a small group of young people meeting one evening a week in a community centre in 2000 and has continued to grow. Come and join one of our classes and be a part of the next generation of Engage students.

If you would like to book on to any of these sessions please email **circus@artspacecinderford.org** to show your interest and then a follow up email will be sent out with a link to payment details and registration forms (not applicable if you attended last term). We have limited spaces but if you know anyone that would be interested then please get them to get in touch.

## **TUESDAY**





#### **Family Circus**

Starts Tuesday 19th September 2023

5:00pm - 6:30pm (at Artspace Cinderford)

Cost: Block of 6 £30. Individual class £5. Concessions available.

Come with your nearest and dearest and try a variety of Circus skills together. Partner juggling and over manipulation, acro balance and acrobatics, aerial, and support each other off the ground. Each week will be a different discipline where you can work together to have fun.

Contact circus@artspacecinderford.org for more details.

## WEDNESDAY



circus for everyone

Engage Juniors (Ages 6 – 10)

**Starts Wednesday 20th September 2023** 

4:00pm - 5:15pm (at Artspace Cinderford)

Cost: Block of 6 £30. Individual class £5. Concessions available

Develop your skills as a circus performer and learn tricks of the trade. Play circus games with others and see what circus skill your favourite is. Diablo, flower stix, rola bola, stilts, the list goes on.

Contact circus@artspacecinderford.org for more details.



Engage Seniors (Ages 11 - 16)

Starts Wednesday 20th September 2023

5:30pm - 6:45pm (at Artspace Cinderford)

Cost: Block of 6 £30. Individual class £5. Concessions available

Take your circus journey further with more tricks than you can shake a stick at. Learn combinations to turn them into routines and bring out your inner performer. Become the unicycle artist you were meant to be.

Contact **circus@artspacecinderford.org** for more details.











#### **Engage Advanced (Ages 11+)**

Starts Wednesday 20th September 2023

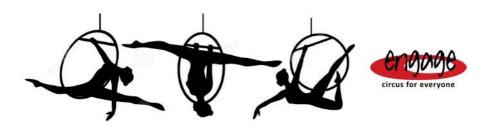
7:00pm - 8:30pm (at Artspace Cinderford)

Cost: Block of 6 £30. Individual class £5. Concessions available

Self-lead classes where the individual is in charge. They will choose what equipment they want to use and what they want to learn. Tutors are present and there to help with ideas, spotting tricks and tips on their development. This class is for people who have been training for a while.

Contact circus@artspacecinderford.org for more details

## FRIDAY



#### Aerial for Beginners (Ages 8+)

Starts Friday 22nd September 2023

4:15pm – 5:45pm (at Artspace Cinderford)

Cost: £6 per session

Enjoy hanging upside down, climbing high or just getting off the ground? Come and try our Aerial classes where you will learn the basics on various Aerial equipment - Trapeze, Aerial hoop, rope climbing to name a few.

Contact circus@artspacecinderford.org for more details.

### How to find us



Artspace has wheelchair access throughout with a platform lift to all floors except art room 2. There is wheelchair access through the front door to the lift, separate access from the side of the building into art room 1 and separate access into art room 2 at the rear. Please note: We have some allocated disabled parking places, but WE DO NOT HAVE PUBLIC PARKING ON SITE. There is parking along Woodside Street within a few hundred yards of the building, or there is a council car park on Heywood Road.











Artspace Cinderford, The New Mercury, 3 Woodside Street, Cinderford, GL14 2NL





