

Spring Programme 2024

ARTSPACE
CINDERFORD



● Reg no. - 2580953 ● Charity number - 1053492



Spring Programme 2024

Starting January 2024



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Introduction



Artspace Cinderford are an arts and education based charity based in the Forest of Dean. Established in 1988, the organisation specialises in offering fully inclusive, accessible creative opportunities for people of any age or ability.

Artspace are based at the New Mercury arts centre, Cinderford and offer a wide range of courses and one off workshops for adults and children, including painting and drawing, animation, drama, singing and circus skills.

In addition to the in-house programme, the organisation works extensively on an out-reach basis, at festivals, events and in schools, care homes and village venues.

Artspace are delighted to announce our new programme for the Spring 2024 term! We are offering a fantastic mixture of 'in person' classroom based and 'distance learning' (online) courses.



Courses For Adults



Adult Education

Artspace offer both online and in person courses funded by Adult Education Gloucestershire. For online courses, we will deliver a package of art materials directly to your home which will contain all the materials that you need to participate. Classes will be delivered via weekly Zoom workshops. You will also be given access to a secure learner area on our website www.artspacecinderford.org to access additional resources and support.

For in person courses, all materials required for each class will be provided.



Course Fees

Our courses for adults start from as little as £35 for an 8 week course and include all materials.

*Concessionary rates are available for those with a disability or who are on means tested benefits.

****FREE** places are available on select courses for those with fewer than 5 GCSE's (level 2) or less than a level 2 maths qualification. If you think you may qualify for a concessionary rate, please contact us to discuss your eligibility.

To book a place or for more information about a course, please email: sue@artspacecinderford.org and provide your name, phone number and the title of the course you are interested in, and we will get back to you.

Courses For Adults

MONDAY



Festival – Born in The USA, with Angie Burgess

**Starts Monday 15th January 2024
6 weeks with half-term break**

**10:00am – 12:00pm
(at Artspace Cinderford)**

****FREE for eligible learners**
Cost: £50/ *£30 concessions**

Next in the 'Festival' range will be 'Born In The USA'. We will be identifying some of our favourite artists and bands from the USA, from the swinging 60s and before to the present day and choosing tracks for our playlist.

Inspiration for our artwork will be based on the music and associated images.

Singing and dancing will be encouraged
Which era will your artists be from?!

This will be a fun course for all learner levels.



Willow Weaving Frame Baskets, with Helen Parkinson

**Starts Monday 15th January 2024
6 weeks with half term break**

**10:00am – 1:00pm (at Artspace
Cinderford)**

Cost: £80/ *£45 concessions

During this Spring term we will be focusing on creating a beautiful and useful frame basket using a variety of different coloured willow. There will also be an opportunity to complete a variety of small projects for your home and garden.

At the end of the course, you will have a good basic knowledge of Willow types and how to prepare them, weaving tools and how to use them and the traditional techniques involved in constructing a frame basket. You are welcome to bring along a favourite pair of secateurs, but tools will be provided.

Courses For Adults

MONDAY



Knitting for Beginners, with Cherry Lyne

Starts Monday 15th January 2024
6 weeks with a half term break

12:15pm – 2:15pm (at Artspace Cinderford)

****FREE for eligible learners****
Cost: £50/ *£30 concessions

Learn the rudiments of knitting while you create your own scarf. Together we will learn and practice the basic stitches that make up so many garments we love. All materials supplied and this is an in person course aimed at the complete beginner. We will be learning knit, pearl, rib and moss stitch, as well as casting on and off and you will go home with a gorgeous scarf you have made yourself! Those who attended last term who wish to continue will have the opportunity to expand their range of stitches either by continuing their current project or starting a new one. Returning knitters are welcome to extend their knowledge/ experience.



Winter Landscapes Revisited, with Aileen Wright

Starts Monday 15th January 2024
8 weeks with half term break

3:00pm – 4:00pm (on Zoom)

Cost: £45/ *£25 concessions

Drawing inspiration from artists throughout history, we will look at the subtle and limited palette that winter affords us and explore different ways that we can create some moody, atmospheric and experimental winter landscapes of our own. We will explore different painting techniques as well as bringing charcoal, Indian ink and other media into our work. Later in the term, learners will be encouraged to develop their own painting style to depict the landscapes that they know and love in a very individual way.



ONLINE

Courses For Adults

TUESDAY

Print & Paint

Starts Tuesday 16th January 2024
6 weeks with half-term break

10:00am – 12:00pm
(at Artspace Cinderford)

****FREE for eligible learners****
Cost: £50/ *£30 concessions

This course will encourage learners to experiment with different forms of simple printmaking and other painting techniques. We will work on paper, card and fabric and you can choose from a range of designs or make your own. We will explore a range of different paints and make our own from earth pigments and natural materials. No experience necessary, just be prepared to have a go!



WEDNESDAY



Circus & Performing Arts, with Jo Jarratt

Starts Wednesday 17th January 2024
9 weeks with half-term break

10:00am – 12:00pm
(at Artspace Cinderford)

Cost: £35

Do you like to perform? Do you love the theatre? Do you love the Circus? Come and join us on this 9 week course of circus, drama and dance, where we shall work together to create a fabulous performance of our own!



Courses For Adults

WEDNESDAY



 Adult Education
in Gloucestershire

3D Ceramics, with Jane Spray

Starts Wednesday 17th January 2024
8 weeks with half-term break

10:00am – 12:15pm (at Artspace Cinderford)

Cost: £80/ *£45 concessions

A ceramic class for those with some previous experience of using clay. Students will be encouraged to work on their own personal projects and may wish to explore techniques of using slips and printing on clay further.



 Adult Education
in Gloucestershire

Discover Painting, with Bela Kielt

Starts Wednesday 17th January 2024
8 weeks with half-term break

1:30pm – 3:45pm (at Artspace Cinderford)

Cost: £80/ *£45 concessions

This course is perfect for beginners, as well as people with some experience. During the course you will exercise and explore some of the basic principles of painting: types of composition, light and mixing paint. We will try a variety of exercises, such as making super-fast sketches with a brush. Working on a large scale, you will have fun using paint, charcoal and pencil. We will explore different styles and spend lots of time focusing on observation and painting from life.



 Adult Education
in Gloucestershire

Evening Pottery, with Derek Lamb

Starts Wednesday 17th January 2024
8 weeks with half-term break

6:45pm – 9:00pm (at Artspace Cinderford)

Cost: £80/ *£45 concessions

If you cannot make it to Artspace during the day, then this is the evening class for you! Relax and enjoy using clay in a creative atmosphere. A range of making and decorating techniques will be explored throughout the course and you will be encouraged to work on and develop your own projects.

Courses For Adults

THURSDAY

Developing Ideas for Textiles, with Lizzie Godden

Starts Thursday 18th January 2024
8 weeks with half-term break

10:15am – 12:30pm
(at Artspace Cinderford)

Cost: £80/ *£45 concessions

We'll keep an ideas book; we might call it a scrap book. In it we'll doodle, print, add pictures, found objects, text and stitch, developing our ideas. We'll have fun experimenting and exploring. Our workbooks could be used within the course to create personal textile pieces.



 **Adult Education**
in Gloucestershire



Black and White - Observing and Sketching, with Cherry Lyne

Starts Thursday 18th January 2024
8 weeks with half term break

1:00pm - 2:00pm (on Zoom)

Cost: £45/ *£25 concessions

8 weeks of guided sketching from reference images of botanical and natural forms with an emphasis on mindfulness and appreciation of the subjects. Learners will work in class with guidance on technique to hone their observation and hand-eye skills before completing small challenges in their own time.

 **Adult Education**
in Gloucestershire

ONLINE

Courses For Adults

FRIDAY



Discover Drama, with Jo Jarratt

Starts Friday 19th January 2024
9 weeks with half-term break

10:15am – 12:15pm (at Artspace Cinderford)

Cost: £35

Have you ever wanted to have a go at acting? Do you want to develop your confidence? This course offers adults the chance to explore and develop their communication and performing skills; using improvisation, characterisation, vocal and physical exercises in order to challenge and excite! There will also be the opportunity to devise your own piece of theatre for performance.



Carry on Steampunking, with Warren Day

Starts Friday 19th January 2024
8 weeks with half-term break

2:00pm – 4:15pm
(at Artspace Cinderford)

Cost: £80/ *£45 concessions

Travel back into the Science fiction version of the historic past, involving advanced technologies usually based on steam power.

We will explore and manipulate materials and paint techniques to create more visually stunning steampunked objects which incorporate items with brass, copper and leather effects.

Amongst other things, you will create the iconic plague doctors mask!



Courses For Adults



Forest of Dean Community Choir

New to the Artspace programme, the Forest of Dean Community Choir is for everyone, no matter your level of experience, age, or whether or not you think you can sing - because everyone can learn to sing!

With a wonderful repertoire of contemporary music (everything from Elbow to Bob Marley and Dolly Parton), the choir performed at Coleford Music Festival in July 2023 and at the Artspace Homegrown Showcase performance.

Rehearsals take place at Artspace Cinderford, The New Mercury, 3 Woodside Street, Cinderford, GL14 2NL

**Mondays from 7-9pm - £5 per session
or Thursdays from 11am-1pm - *FREE**

To book contact info@artspacecinderford.org
or call 01594 825111



*funded by Barnwood Trust
inclusion project

Courses For Adults



Multiply

Multiply is a national fund aiming to help adults aged 19+ improve their numeracy skills. It is specifically for those who have *less than a level 2 math's (That's a GCSE or O level grade C or above or a CSE level 1) or who have a need to refresh their skills.

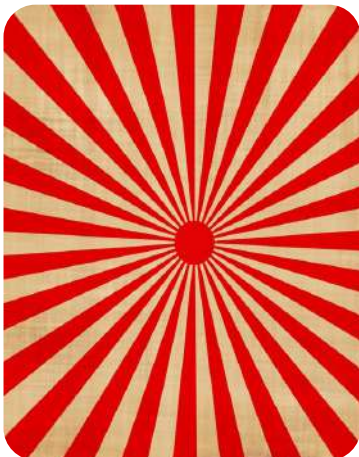
You'll be surprised at just how much numeracy you are using when making art without even realising it! Our range of Arts-based Multiply Courses will help you feel more confident about your number skills whilst producing your own fantastic artwork.

Multiply is **FREE** for eligible learners*, who will also receive a pack of Arts materials to take away with them.

This term, each tutor is offering 2 courses to choose from, one either side of half term, exploring different and relevant numeracy skills.

To book or for further information please email sue@artspacecinderford.org

WEDNESDAY



Multiply

Dance, Performance & Circus, with Kim Harris

2 courses

Course 1 starts Wednesday 24th January 2024

Course 2 starts Wednesday 21st February 2024

Each course runs for 3 weeks / 6 hours

1:00pm – 3:00pm
(at Artspace Cinderford)

FREE subject to eligibility*

Want to improve your numeracy skills in a fun and different way? Focusing on different aspects of numeracy, our Dance, Performance and Circus 'Multiply' courses explore fun dance and circus activities using games and techniques while strengthening a wide range of numeracy skills.

Courses For Adults

WEDNESDAY



Art Nouveau, Art Deco and Charles Rennie Mackintosh, with Cherry Lyne

2 courses

Course 1 starts Wednesday 17th January 2024

Course 2 starts Wednesday 21st February 2024

Each course runs for 3 weeks / 6 hours

10:00am – 12:00pm
(at Artspace Cinderford)

FREE subject to eligibility*

In these courses, you will investigate the distinctive geometric patterns and design styles of the Art Nouveau movement through a range of 2D and 3D techniques including sculpture, mixed media & textile art. Links to a variety of artists, crafts people, images and artefacts will help support and develop personal responses.

Multiply

THURSDAY



Concrete Canvases, with Warren Day

2 courses

Course 1 starts Thursday 18th January 2024

Course 2 starts Thursday 22nd February 2024

Each course runs for 4 weeks / 10 hours

1:00pm – 3:30pm
(at Artspace Cinderford)

FREE subject to eligibility*

Create your own small canvases from concrete! You will have the opportunity to explore the use of a range of media and materials including the making of your own concrete canvas on which you will produce a graffiti painting with acrylic paints. You will explore geometric shapes and patterns in famous 'Brutalist architecture' buildings from the 1960's & 70's and combine this with your stylised graffiti tag. Links to other artists will be made to inspire you and further your research in order to develop personalised responses.

Multiply

Courses For Adults

SATURDAY SERIES

Saturday Series - Weekend workshops for adults

The Artspace 'Saturday Series' is a programme of weekend workshops for adults running here at Artspace. Each workshop is designed to provide a bespoke, one-off, arts experience that you can enjoy, at your leisure, on a weekend.

Whether you would like to paint something to hang on your wall at home, or make a beautiful crafty gift for a friend or family member, these half-day or full day workshops aim to help you to create something unique!

To book a place, please contact Dan on **01594 825111** or email **dan@artspacecinderford.org**



SATURDAY SERIES

Make Your Own Dream-catcher, with Lisa Jenkinson

Saturday 27th January 2024
10:30am - 4:30pm
(at Artspace Cinderford)

Cost: £60 (*£45 concessions)
including materials.

Join artist Lisa Jenkinson to create your own beautiful dream-catcher.

A dream-catcher has many symbolic meanings and also makes a great gift!

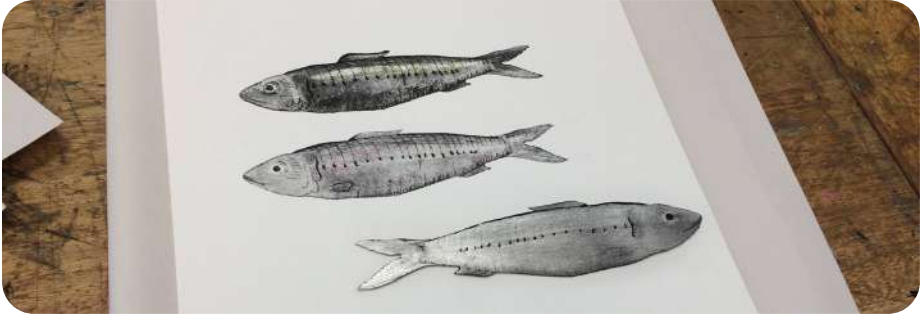
The dream-catcher has a round shape that represents the earth's spherical character and the web absorbs bad dreams at night and discharges them during the day. The feathers, act like ladders allowing good dreams to descend on the person who is sleeping.

Easy, step by step instructions given throughout the day to create your masterpiece, including making your hoop from willow and all types of decoration.

No previous experience necessary.

Please bring a packed lunch.

Courses For Adults



Printing with Tetra paks, with Emily Bagnall

**Saturday 10th February 2024
10:30am - 4:30pm
(at Artspace Cinderford)**

Cost: £60 (*£45 concessions) including materials.

Using the humble 'throw away' tetra pak carton we will create wonderful etchings, by cutting open our cartons the inside becomes an interesting printing surface. This really enjoyable and accessible process starts with sketching out our ideas. We then trace onto the tetra paks and slowly start to etch into the packets. Using safe wash etching inks we will ink our artworks and play around with the inking process before finally printing our finished pieces.

Printing with Tetra paks is a very relaxing process which allows for lots of creativity and flexibility.

Please bring a packed lunch.



SATURDAY SERIES

Courses For Adults



Processing Earth Pigments for Printmaking, with Nichola Goff

Saturday 10th February 2024
10:30am – 4:30pm
(at Artspace Cinderford)

Cost: £60 (*£45 concessions)
including materials.

Learn how to grind, sieve and muller raw ochre pigment to make watercolour paints and etching inks for printmaking in this one-day workshop. Ochre is a naturally occurring pigment found in earth rich in ferric oxide.

The Forest of Dean is one of these places and artist / printmaker Nichola Goff has been collecting and using these pigments in her work. Earth pigments produce beautifully rich tones ranging through yellow, orange, red, purple and umber, they are relatively simple to process and often used for paints and dyes.

In this workshop you will learn about processing earth pigments from a raw material into a fine powdered pigment that can then be used for inks and paints.

Participants will learn the techniques and recipes to produce water colour paints and etching ink, and learn monoprint techniques to experiment with the earth pigments as printing inks.

Participants will take home a small set of earth colour watercolour paints, a tube of unique earth pigment etching ink made on

the day and a set of hand-made monoprints.

Nichola Goff is a multi-disciplinary printmaker based in the Forest of Dean. Nichola works with print, photography, installation and social practice to explore the themes; human connection to place and nature in the context of climate change and social justice.

This course is suitable for all abilities. Limited spaces available. Tea, coffee and homemade cake included.

Please bring a packed lunch.

SATURDAY SERIES



Sculpting Your Own Hand Workshop, with Dorota Rapacz

Saturday 24th February 2024
10:30am - 4:30pm
(at Artspace Cinderford)

Cost: £60 (*£45 concessions)
including materials.

The human body is a very complex and fascinating subject for artists. Each part is a combination of forms and structures which are beautifully combined together.

This time we will focus on studying our own hand as a high relief. Please study your hand looking for interesting positions, or outlines. If you would like your hand to hold something, please bring the object, bearing in mind that you will have to sculpt it as well.

Please bring a packed lunch.

SATURDAY SERIES

Courses For Adults



Singing, with Lisa Jenkinson

**Saturday 24th February 2024
10:30am - 4:30pm
(at Artspace Cinderford)**

£60 (*£45 concessions)

Join musician and professional singer Lisa Jenkinson in a one-day workshop on how to sing and improve your singing techniques.

Lisa has been singing for 38 years and has taught everyone from children to adults how to feel confident in their singing and how to enjoy singing with others.

You will learn a professional vocal warm up, how to sing in harmony and how to improve your vocal range.

We will also look at Stage craft and performance.

No previous experience necessary and all abilities welcome.

Please bring a packed lunch.

SATURDAY SERIES



A Day of Guided Life Drawing with a Model, with Cherry Lyne

**Saturday 9th March 2023
10:30am - 4:30pm
(at Artspace Cinderford)**

**Cost: £75 (*£60 concessions)
including materials.**

A day of guided Life Drawing with an experienced model in a relaxed setting. We will start with quick warm up exercises and progress to longer poses.

Suitable for all levels from first time life drawer to those confident in the art and wanting a full day with a model.

Limited spaces available. Tea, coffee and homemade cake included.

Please bring a packed lunch.

SATURDAY SERIES

mindSCAPE: Connecting people with dementia and their carers to nature through art



mindSCAPE is a regular fortnightly group, designed to enable older people living with cognitive differences (such as dementia, Parkinsons or stroke) and their carers to enjoy connecting to nature through art. Sessions are led by professional artists, and workshops have an emphasis on outdoors and the natural world. Recent activities include eco-printing, collage, poetry, willow weaving and even clowning!



Workshops take place on Tuesdays, alternating between our Cinderford group (10-1pm) and our Bream group (11-1:30pm)

It is FREE to attend, and refreshments are provided - including a light lunch, tea/coffee and cakes.

Booking is essential as spaces are limited. If you, or someone you know would like to access the programme, please contact mindscape@artspacecinderford.org or call **01594 825111**

Courses For Children and Young People

YOUNG CREATIVES

TUESDAY

Young Creatives: Discover! (Ages 6 – 11)

Starts Tuesday 16th January 2024
6 weeks

4:30pm- 5:30pm (at Artspace Cinderford)

Cost: £24 (*£16 concessions)
for 6 week course

Come join us and discover the world of art, craft and design! 'Discover!' will introduce you to a range of arty projects and you'll get to try your hand at using lots of different materials and techniques throughout the term. We'll design, make and be inspired by the work of other artists, crafts people and designers! Share the creations you're most proud of with your friends and family.



YOUNG CREATIVES

Young Creatives: Explore (Ages 11 - 14)

Starts Tuesday 16th January 2024
6 weeks

6:00pm - 7:30pm (at Artspace Cinderford)

Cost: £32 (*£22 concessions)
for 6 week course

Do you have a passion for art? Are you a young creative looking to learn some new skills or explore new ways of working? Well, 'Explore' could be for you! This group will help you to build your art portfolio and will encourage you to develop work in a range of media, using a variety of art, design and craft techniques. You will also research the work of other artists, crafts people and designers, to help inform your own work! Share the creations you're most proud of with your friends and family.



YOUNG CREATIVES

To book a place for your child/children, please contact dan@artspacecinderford.org
Places are allocated on a first come first served basis.

Courses For Children and Young People

THURSDAY



YOUNG CREATIVES

Young Creatives: Advance (Ages 12+)

**Starts Thursday 18th January 2024 / 6 weeks
5:30pm - 7:30pm (at Artspace Cinderford)**

Cost: £38 (*£26 concessions) for 6 week course

Are you an experienced young artist looking to challenge yourself? If so, 'Advance' could be the group for you!

In this group, our experienced tutors will support your ideas, inspire new projects and using our fully equipped creative studios, help you develop skills in your chosen art form/medium.

We can also provide support and guidance throughout your studies, GCSE's, A Levels and more, or help you work towards programmes such as the Duke of Edinburgh or Arts Awards. Bring your coursework or projects to the class and work alongside other artists, with all the creative supplies you might need on hand.

Our relaxed and social environment will help inspire your creativity, whilst you make friends and have fun.

To book a place for your child/children, please contact dan@artspacecinderford.org
Places are allocated on a first come first served basis.

NEW - Summer Holidays Arts Awards Workshops

Artspace will be running art workshops in the summer holidays, at our fully equipped art studios in Cinderford, in which we will provide support and guidance in working towards a nationally recognised arts award qualification. Visit our website for more information about Arts Awards www.artspacecinderford.org/arts-awards

Courses For Children and Young People

Creative Health Programmes



Journeys is an early intervention 'Arts on Prescription' programme created in collaboration with NHS Gloucestershire ICS and Young Minds Matter. The programme aims to help reduce stress and anxiety and boost low mood, well-being and self-esteem of children and young people by enabling participation in creative activities.

Suitable for young people aged 8 - 12 years. In Spring 2024, a seven week programme using visual arts and crafts will be delivered by Kate Fellows and Lizzie Godden. Places are free but limited to ensure an appropriate group size and will be allocated on a first come first served basis upon receipt of a suitable referral form

Venue: Cinderford Artspace, The New Mercury, 3 Woodside Street, Cinderford GL14 2NL

Dates: Monday 22nd January - Monday 11th March 5:30 - 7pm
(no session on 12th Feb for half term)

Due to this being an Arts on Prescription programme a referral form will need to be completed for each child prior to attending. The referral may come from a class teacher, your school's mental health lead, a Senco or other member of school staff.

For all enquiries and to request a referral form please contact Creative Health Project Manager, Grace End on creativehealth@artspacecinderford.org

"It was really nice and it made me really happy when I came back to my house – I was a much happier person and I was able to express my feelings quite a lot." - participant from previous term



Courses For Children and Young People

X-PRES!

MUSIC - ART - CIRCUS

Xpres! is an Arts on Prescription programme developed in collaboration with the NHS One Gloucestershire Integrated Care Board and Gloucestershire Hospitals NHS Foundation Trust. The project aims to support young people aged 8-18 to be confident in self-managing a long term health condition.



Intended Outcomes:

- Increase confidence, emotional resilience, and management of anxiety.
- Increase social connection with other young people with long term health conditions and promote peer support.
- Encourage self-management of their health condition through creative activities and whilst taking part in creative and physically active workshops.

The programme is free but only accessible on receipt of a suitable referral form which should be discussed with one of the three partner organisations prior to attending.

Artspace Sessions for Spring 2024:

Venue: Cinderford Artspace, 3 Woodside Street, Cinderford GL14 2NL

Dates: 11-2pm on Saturday 3rd February, Saturday 16th March and Saturday 13th April

For more information, including how to make a referral, please head to the Artspace website www.artspacecinderford.org/xpres or contact Creative Health Project Manager Grace by emailing creativehealth@artspacecinderford.org

"Coming to Xpres! has made me realise I'm not the only one and everyone is dealing with their own stuff. It's a place where you don't have to think about your condition while doing everything else on top of it."



Courses For Children and Young People

Engage Youth Circus



Engage Youth Circus started with a small group of young people meeting one evening a week in a community centre in 2000 and has continued to grow. Come and join one of our classes and be a part of the next generation of Engage students.

If you would like to book on to any of these sessions please email circus@artspacecinderford.org to show your interest and then a follow up email will be sent out with a link to payment details and registration forms (not applicable if you attended last term). We have limited spaces but if you know anyone that would be interested then please get them to get in touch.

TUESDAY



Aerial Fitness (Ages 18+)

Starts Tuesday 9th January 2024
10:00am - 11:00am
(at Artspace Cinderford)

Cost: £6 per session.
***Concessions available.**

Want to try a different kind of fitness class? One that is in the air? Come along to Aerial Fitness where you will work through a range of exercises using, trapezes, ropes, aerial hoop and silks. Working on core strength, you may not see a visible difference but you will feel stronger from these sessions.

Contact
circus@artspacecinderford.org
for more details.



Adult Aerial (Ages 18+)

Starts Tuesday 9th January 2024
11:15am - 12:45pm
(at Artspace Cinderford)

Cost: £6 per session.
***Concessions available.**

Come and have a go on a variety of aerial equipment from rope climbing to static trapeze.

Enjoy a different type of exercise whilst your feet are off the ground and upside down.

Contact
circus@artspacecinderford.org
for more details.

Courses For Children and Young People

WEDNESDAY



Engage Juniors (Ages 6 – 10)

**Starts Wednesday 10th January 2024
4:00pm - 5:15pm (at Artspace Cinderford)**

**Cost: Block of 6 £30. Individual class £5.
*Concessions available.**

Develop your skills as a circus performer and learn tricks of the trade. Play circus games with others and see what circus skill your favourite is. Diablo, flower stix, rola bola, stilts, the list goes on.

Contact circus@artspacecinderford.org for more details.



Engage Seniors (Ages 11 - 16)

**Starts Wednesday 10th January 2024
5:30pm - 6:45pm
(at Artspace Cinderford)**

**Cost: Block of 6 £30. Individual class £5.
*Concessions available.**

Take your circus journey further with more tricks than you can shake a stick at. Learn combinations to turn them into routines and bring out your inner performer. Become the unicycle artist you were meant to be.

Contact circus@artspacecinderford.org for more details.



Courses For Children and Young People

WEDNESDAY



Engage Advanced (Ages 11+)

Starts Wednesday 10th January 2024

7:00pm - 8:30pm (at Artspace Cinderford)

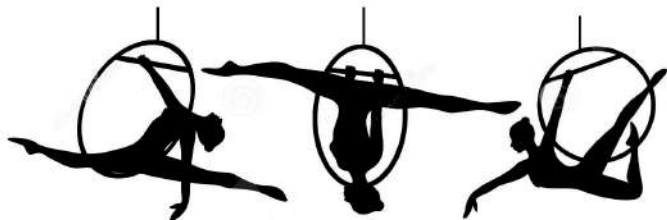
Cost: Block of 6 £30. Individual class £5.

*Concessions available

Self-lead classes where the individual is in charge. They will choose what equipment they want to use and what they want to learn. Tutors are present and there to help with ideas, spotting tricks and tips on their development. This class is for people who have been training for a while.

Contact circus@artspacecinderford.org for more details

FRIDAY



Aerial for Beginners (Ages 8+)

Starts Friday 12th January 2024

4:15pm – 5:45pm (at Artspace Cinderford)

Cost: £6 per session

Enjoy hanging upside down, climbing high or just getting off the ground? Come and try our Aerial classes where you will learn the basics on various Aerial equipment - Trapeze, Aerial hoop, rope climbing to name a few.

Contact circus@artspacecinderford.org for more details.

'His show
was amazing!'
Ruby, aged 8

'Masterful and
heart-warming
trampoline
performance'
Audience member, Liverpool

ANYDAY

MAX CALAF SEVÉ

A trampoline piece that
transcends expectations of
what a circus show can be!

Suitable for family audiences

a production by:

max calaf sevé

with the support of:



JACKSONS LANE
ARTS CENTRE
CINDERFORD

the point
CINDERFORD

proteus
the changing stage of theatre



supported using public funding by
ARTS COUNCIL
ENGLAND

Photography: Bertil Nilsson



www.maxcalaf.com

Cinderford Artspace, in partnership with Take Art, is bringing an exciting professional touring circus performance, 'Anyday', to The Wesley in Cinderford on Wednesday 20th March 7pm. Watch this space. Tickets from Cinderford Artspace.

*"Comic, absurd, surreal, **Anyday** is a trampoline and physical theatre piece that will transcend expectations of what a circus show can be."*

How to find us



Artspace has wheelchair access throughout with a platform lift to all floors except art room 2. There is wheelchair access through the front door to the lift, separate access from the side of the building into art room 1 and separate access into art room 2 at the rear.

Please note: We have some allocated disabled parking places, but WE DO NOT HAVE PUBLIC PARKING ON SITE. There is parking along Woodside Street within a few hundred yards of the building, or there is a council car park on Heywood Road.



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ENGLAND**



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