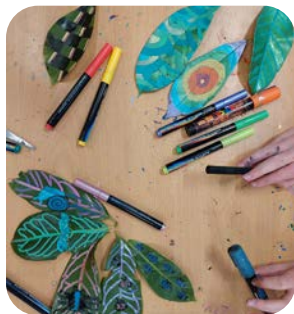
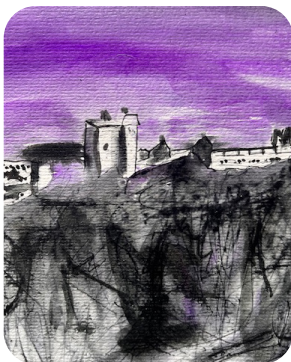


Spring Programme 2026

ARTSPACE
CINDERFORD





Scan here to find out more about Artspace on our website.

Want to keep up to date on the latest Artspace information and new courses?
Email **info@artspacecinderford.org** and we will add you to our mailing list.



Spring Programme 2026

Starting January 2026



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Introduction



Artspace Cinderford are an arts and education charity based in the Forest of Dean. Established in 1988, the organisation specialises in offering fully inclusive, accessible creative opportunities for people of any age or ability.

Artspace are based at the New Mercury arts centre, Cinderford and offer a wide range of courses and one off workshops for adults and children, including painting and drawing, textiles, pottery, drama, singing, dance and circus skills.

In addition to the in-house programme, the organisation works extensively on an out-reach basis, at festivals, events and in schools, care homes and village venues.

Artspace are delighted to announce our new programme for the Spring 2026 term! We are offering a fantastic mixture of 'in person' classroom based and 'distance learning' (online) courses.



New For 2026!



Join us for...

- 🟡 **FREE** have a go arts activities and creative workshops
- 🟡 **FREE** refreshments / light lunch
- 🟡 Catch up with friends or meet new ones

Schedule to be announced in Spring 2026. Watch this space!



Active
Gloucestershire



Workshops & Arts Trail Active Events

A chance to join us celebrating our beautiful landscape and fabulous creative communities.

Activities will include:

- 🟡 Creative Arts workshops
- 🟡 A fun town trail showcasing fabulous artwork from across our community
- which piece will be your favourite?

Join us for our **Family Day** at Artspace **14th March** with a range of aerial circus and have-a-go arts activities, from 10:00am - 1:00pm

Be the first to know about these exciting events by signing up to our mailing list on the Artspace Cinderford website and following us on social media.

Courses For Adults

Choose from one of our exciting, inclusive, creative courses for adults. All resources are provided, classes are taught in small friendly groups and our delivery teams support all skill levels.

So, whether you want to try something new, or develop your skills, it's easy to find the right activity for you.

We are grateful to our funding partners, who enable us to provide ***FREE** and reduced cost places for some courses.

BOOKING OPTIONS & COSTS

Early booking is recommended. Please use the QR code next to each course to book directly, or you can call us on 01594 825111 or drop into Artspace on a weekday between 9:30am and 4:30pm.

***FREE COURSES**

Please look for the  or  to see if you are eligible for a **FREE** or reduced cost place.

FREE spaces for Gloucestershire adults that...



- do not have full level 2 qualifications (5 GCSE's at level 4+) **and...**
- are in low wage brackets/not in employment **and..**
- keen to gain confidence and learn new skills

FREE and reduced cost spaces for Gloucestershire adults that...



- Have a disabling barrier/disability that can make engaging in learning difficult

If you are not eligible for a reduced cost place, please see advertised costs.

**Concession tickets are available for learners with disabling barrier or in receipt of means tested benefits*

Adult courses will take a half-term break between 16th and 20th February.

New to Artspace? Give us a call on 01594 825111 to arrange a visit.



Courses For Adults

MONDAY



Knitting and Yarn Crafts, with Becky Mackay

**Starts Monday 26th January
6 weeks with half-term break**

**12:30pm – 2:30pm
(at Artspace Cinderford)**

***FREE for eligible learners
Cost: £55/ *£35 concessions**

In this fun and friendly group, we will explore a variety of yarn crafts from knitting and crochet to weaving and embroidery.

All skill levels are very welcome to join.
Suitable for beginners.

Bring along an ongoing project and share ideas or develop skills and learn new techniques.



Orchard Project, with Yvonne Featherstone

**Starts Monday 19th January
8 weeks with half-term break**

**1:00pm – 3:00pm
(at Artspace Cinderford)**

***FREE for eligible learners
Cost: £65/ *£50 concessions**

Are you a budding artist with hidden talents?

On this course, our tutor teams will help you turn your ideas into real-life creative projects.

You will be supported every step of the way, from finding an idea, to designing the project and creating your work. What you make is up to you! Ideas from previous courses have included, singing and writing projects, paintings and sculptures inspired by favourite places or topics of interest, fashion designs, sculptures, and art work for community events and festivals.



Courses For Adults

TUESDAY

Sustainable Planet, with Nicky Payne



Starts Tuesday 20th January
8 weeks with half-term break

10:00am – 12:00pm
(at Artspace Cinderford)

***FREE for eligible learners**
Cost: £55/ *£35 concessions

An exploration into giving things a second use; plastic bottle caps, milk bottles, plastic bags, scrap fabric, cardboard and more. We'll explore the idea of sustainability and what we can do with things that we usually throw away. Make rubbish beautiful!



Drawn In - Playful Drawing, with Nicky Payne



Starts Tuesday 20th January
8 weeks with half-term break

1:30pm – 3:00pm
(at Artspace Cinderford)

***FREE for eligible learners**
Cost: £55/ *£35 concessions

An inclusive course for creatives of all abilities to develop individual styles and skills at their own pace. In this class we will explore drawing and a wide range of materials and techniques making connections with artists that use similar materials. Join in with group discussion and set tasks alongside supported independent work with experienced artists/tutors.



Be ready to have fun, share ideas and join a little creative community.

Courses For Adults

WEDNESDAY



Circus & Performing Arts, with Jo Jarratt

Starts Wednesday 21st January
6 weeks with half-term break

10:00am – 12:00pm
(at Artspace Cinderford)

***FREE for eligible learners**
Cost: £55/ *£35 concessions

Do you like to perform? Do you love the theatre? Do you love the circus?

Come and join us on this 6 week course of circus, drama and dance, where we shall work together to create a fabulous performance of our own!



Circus Club, with Jo Jarratt

Wednesday 11th and 18th March
10:00am – 12:00pm
(at Artspace Cinderford)

Cost: £35

Additional sessions to explore ideas and develop your skills with our fantastic tutors - or join us to get a taster of our full length courses.



Courses For Adults

WEDNESDAY



Exploring Ceramics



Starts Wednesday 21st January
6 weeks with half-term break

10:00am – 12:00pm
(at Artspace Cinderford)

***FREE for eligible learners**
Cost: £85/ *£35 for those with a disabling barrier

Enjoy working with clay in a creative and supportive atmosphere? Whether it be hand building, on the wheel, or a mixture of both, we will be looking at the different ways to make ceramics. With tutor demonstrations and guidance students will be encouraged to make their own individual projects, as well as to learn from each other.



Afternoon Pottery, with Derek A. Lamb



Starts Wednesday 21st January
8 weeks with half-term break

1:30pm – 3:45pm (at Artspace Cinderford)

***FREE for eligible learners**
Cost: £95/ *£55

New learners will be shown several different ways of hand building and finishing pots. Returning learners will be helped to make their own projects. There are four pottery wheels with some opportunity to have a go at throwing. *(Throwing pots may be limited due to demand & available tuition time).*



Evening Pottery, with Derek A. Lamb



Starts Wednesday 21st January
8 weeks with half-term break

6:30pm – 8:30pm
(at Artspace Cinderford)

***FREE for eligible learners**
Cost: £95/ *£55 concessions

New learners will be shown several different ways of hand building and finishing pots. Returning learners will be helped to make their own projects. There are four pottery wheels with some opportunity to have a go at throwing. *(Throwing pots may be limited due to demand and available tuition time).*

Courses For Adults

WEDNESDAY



Discover Painting, with Bela Kielt

Starts Wednesday 21st January
8 weeks with half-term break

1:30pm – 3:30pm (at Artspace Cinderford)

***FREE for eligible learners**
Cost: £80/ *£45 concessions

This course is perfect for beginners, as well as people with some experience. During the course you will exercise and explore some of the basic principles of painting; types of composition, light and mixing paint.

We will try a variety of exercises, such as making super-fast sketches with a brush. Working on a large scale, you will have fun using paint, charcoal and pencil.

We will explore different styles and spend lots of time focusing on observation and painting from life.



Paint Like The Pros, with Cherry Lyne



Starts Wednesday 21st January
8 weeks with half-term break

4:00pm – 5:00pm (on Zoom)

***FREE for eligible learners**
Cost: £55/ *£40 concessions

A fun, creative and supportive course for all abilities, where we will explore the techniques and ideas behind famous art works.

This term we will look at famous artists and have a go at working in their styles.

A mix of art history, painting and some surprises!



ONLINE

Courses For Adults

THURSDAY



Developing Ideas for Textiles, with Lizzie Godden

**Starts Thursday 22nd January
8 weeks with half term break**

**10:15am – 12:30pm
(at Artspace Cinderford)**

***FREE for eligible learners**

Cost: £80/ *£45 concessions

We'll keep an ideas book; we might call it a scrap book. In it we'll doodle, print, add pictures, found objects, text and stitch, developing our ideas. We'll have fun experimenting and exploring. Our workbooks could be used within the course to create personal textile pieces.

Be ready to have fun and share ideas.



Courses For Adults

FRIDAY



Discover Drama, with Jo Jarratt

Starts Friday 23rd January
6 weeks with half-term break

10:00am – 12:00pm (at Artspace Cinderford)

***FREE for eligible learners**
Cost: £55/ *£35 concessions



Have you ever wanted to have a go at acting? Do you want to develop your confidence? This course offers adults the chance to explore and develop their communication and performing skills; using improvisation, characterisation, vocal and physical exercises in order to challenge and excite! There will also be the opportunity to devise your own piece of theatre for performance.



Drama Club, with Jo Jarratt

Friday 13th and 20th March
2 weeks

10:00am – 12:00pm
(at Artspace Cinderford)

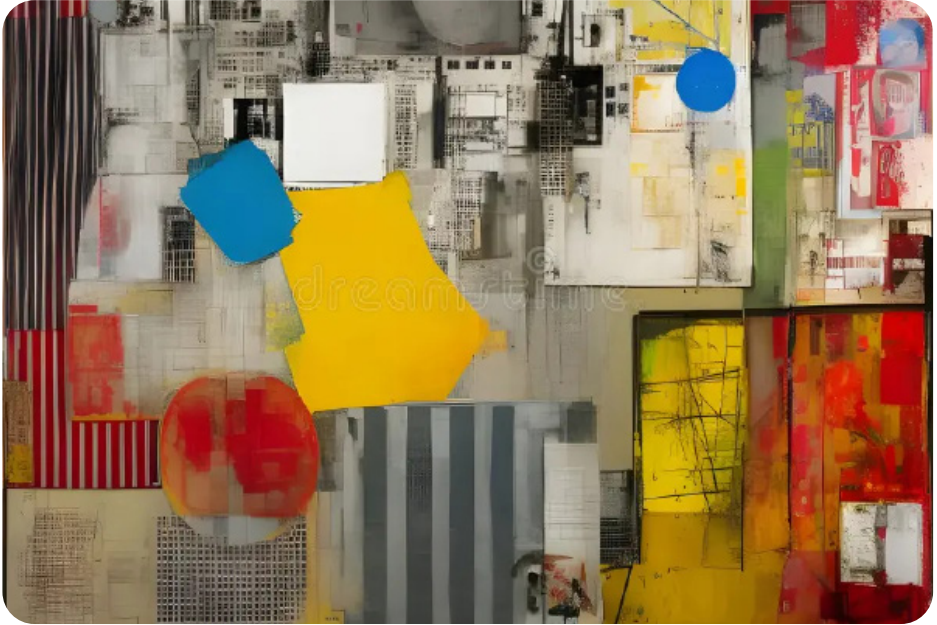
Cost: £35

Additional sessions to explore ideas and develop your skills with our fantastic tutors - or join us to get a taster of our full length courses.



Courses For Adults

FRIDAY



Fun with Mixed Media!, with Warren Day

**Starts Friday 23rd January
8 weeks with half-term break**

2:00pm – 4:00pm (at Artspace Cinderford)

***FREE for eligible learners
Cost: £80/ *£45 concessions**

If you like exploring and experimenting with new ideas and techniques using a mixture of different media and materials then this is the course for you.

You will have the opportunity to create a range of artwork such as making your own egg tempera paints to produce beautiful translucent layers of colour, sculpt a face using bread dough which when cooked will expand and distort. We will also look at making dynamic multicoloured collaged abstracts using various acrylic paints and mediums as well as other exciting and mixed up creative combinations and sustainable crafting techniques.

The course is designed to give you a range of experiences to enrich your existing skills and even hopefully take you out of your comfort zone.



Courses For Adults



Forest of Dean Community Choir

The Forest of Dean Community Choir is for everyone, no matter your experience level or whether you think you can sing - because everyone can learn to sing!

Originally established as a well-being choir, we have grown significantly in the last year. The choir is a great opportunity to build confidence, friendships and even teamwork and performance skills - this term we are keen to get more public performances under our belts and engage in community events across the Forest.

Choir sessions at Artspace will take a half-term break between 16th and 20th February.

Rehearsals take place at Artspace Cinderford, The New Mercury, 3 Woodside Street, Cinderford, GL14 2NL

Mondays from 7-9pm – £5 per session (starting 5th January with half-term break)

or Thursdays from 11-1pm – £5 per session (starting 8th January with half-term break)

or come both days for £8 per week

To book scan the QR code, email info@artspacecinderford.org
or call 01594 825111



Courses For Adults

SATURDAY WORKSHOPS

Creative weekend workshops for adults

Artspace offer creative Saturday workshops for adults at our fully equipped studios in Cinderford. Each workshop is designed to provide a bespoke, one-off, arts experience that you can enjoy, at your leisure, on a weekend.

Whether you would like to paint something to hang on your wall at home, or make a beautiful crafty gift for a friend or family member, these half-day or full day workshops aim to help you to create something unique!

To book a place, please scan the QR code, call **01594 825111**, email **dan@artspacecinderford.org** or visit **www.artspacecinderford.org/saturday-series**

In order for the Saturday workshops to run we need a minimum of 6 people booked on. If there aren't enough people enrolled we will cancel the workshop 7 days before the intended start, let you know and issue a refund.

Free refreshments. Lunch not provided.



Writing Picture Books for Children, with Fiona Harding

Saturday 7th February
10:30am - 1:30pm
(at Artspace Cinderford)

Cost: £40/ *£30 concessions including materials

Have you always wanted to write for children, do you have an idea for a great children's book? We will look at what makes a great picture book, generating ideas, creating great characters, how to plot your story and picture book top tips.



Courses For Adults



Throw a Pot Experience, with Derek A. Lamb

Workshop 1 - Saturday 7th February

Workshop 2 - Saturday 7th March

10:30am - 1:30pm

(at Artspace Cinderford)

£45/ *£40 concessions including materials (per workshop)

Though not the easiest thing to do, the aim is to have a hands on experience, have fun and end up with one small pot. This will then be glazed and fired on your behalf for collection from Artspace and is included in the price.

This is for adults and beginners with no potting experience, who will have a wheel each.

There are four places available, and will be allocated on a 'first come first served' basis.

Bring a towel to wipe hands.



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Courses For Adults



The Art of Natural Colour, with Lizzie Godden

**Saturday 7th March
10:30am - 4:30pm
(at Artspace Cinderford)**

**Cost: £75/ *£55 concessions
including materials**

On this one day workshop you'll be able to dye fabric using plant materials. You'll see how we can obtain several colours and a range of tones from one dye bath.

We'll go on to over dye previously dyed fabric, and we'll use the exciting technique of shibori to create patterns on our dyed fabric. Shibori refers to creating resist in fabric by, for example, pinching, clamping, wrapping it, before dyeing it, you probably know about tie-dyeing - the creative potential is huge.

I'm sure by the end of the day you'll be really keen to do more!



Pet Portrait Embroidery with Becky Mackay

**Saturday 7th March
10:30am - 4:30pm
(at Artspace Cinderford)**

**Cost: £60/ *£45 concessions
including materials**

Join fellow animal lovers and craft enthusiasts for a cosy, creative escape.

Under the guidance of experienced embroiderer Becky Mackay, aka @artsforanimals, you'll learn how to transform a photo of your furry companion into a stunning stitched portrait - the perfect gift for yourself or a loved one.

No prior experience needed - just bring your love for pets and a willingness to try something new.

Tea, treats and good company included.



Courses For Adults



Lo-Fi Loop Collages, with Heather Hughes

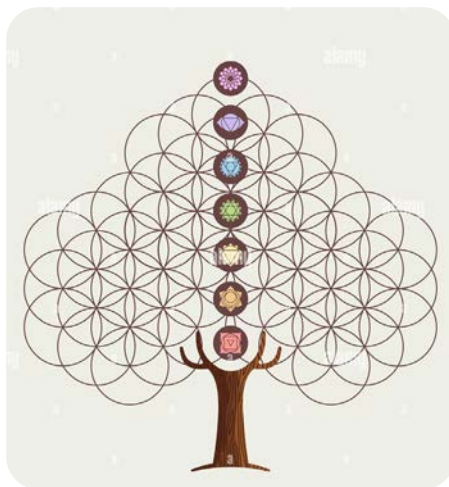
Saturday 25th April
10:30am - 1:30pm
(at Artspace Cinderford)

Cost: £40/ *£30 concessions
including materials

On this one-day workshop you'll explore the art of creating tape loop collages. A creative, hands-on process combining sound, memory, and visual art. Using recycled cassette tapes, you'll learn how to cut, splice and loop magnetic tape to create your own sonic artwork. You'll be encouraged to record sounds, voices or ambient textures to develop your own concept, and experiment with collaging the tape itself into tactile visual pieces.

This workshop celebrates the beauty of lo-fi sound and the poetry of reuse; where old media becomes something entirely new. Each participant will take home a unique looping cassette, alongside the skills to keep experimenting.

All materials provided (you're welcome to bring an old tape to collage if you wish).



The Tree in Yoga and Art, with Aileen Wright

Saturday 25th April
10:30am - 4:30pm
(at Artspace Cinderford)

Cost: £60/ *£45 concessions
including materials

Join Aileen for a nourishing day of yoga, breath-work, and art inspired by the timeless symbol of the Tree. In the morning, we'll root ourselves through mindful movement and breath — exploring balance, strength, and connection with the living world.

In the afternoon, we'll turn to creative play, letting our hands express what our bodies have felt. Drawing on the tree's symbolism across yoga and world mythologies, we'll explore themes of rootedness, growth, and transformation through paint, ink, and natural materials. We'll also look at how the tree has been represented in art throughout history, taking inspiration from artists such as Klint and Mondrian. This workshop welcomes all levels of experience — in both yoga and art — and invites a day of gentle discovery, connection, and creative renewal.



mindSCAPE: Connecting people with dementia and their carers to nature through art



mindSCAPE is a regular fortnightly group, designed to enable older people living with cognitive differences (such as dementia, Parkinsons or stroke) and their carers to enjoy connecting to nature through art. Sessions are led by professional artists, and workshops have an emphasis on outdoors and the natural world. Recent activities include painting, dance, poetry, willow weaving and music.



Forest of Dean
District Council



Supported by Members of the
Dementia Action Alliance

Workshops take place on Tuesdays in the West Dean Centre in Bream from 11:00am - 1:30pm.

It is FREE to attend, and refreshments are provided - including a light lunch, tea/coffee and cakes.

Booking is essential as spaces are limited. If you, or someone you know would like to access the programme, please contact mindscape@artspacecinderford.org or call **01594 825111**

Courses For Children and Young People

YOUNG CREATIVES

TUESDAY

Young Creatives: Discover! (Ages 6 – 11)

Course 1 - Starts Tuesday 6th January
6 weeks

Course 2 - Starts Tuesday 24th February
5 weeks

4:30pm - 5:30pm (at Artspace Cinderford)

Cost:

Course 1 - £28 / *£20 concessions
Course 2 - £23.50 / *£16.50 concessions

Come join us and discover the world of art, craft and design! 'Discover!' will introduce you to a range of arty projects and you'll get to try your hand at using lots of different materials and techniques throughout the term. We'll design, make and be inspired by the work of other artists, crafts people and designers! Share the creations you're most proud of with your friends and family.



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Young Creatives: Explore (Ages 11 - 14)

Course 1 - Starts Tuesday 6th January
6 weeks

Course 2 - Starts Tuesday 24th February
5 weeks

6:00pm - 7:30pm (at Artspace Cinderford)

Cost:

Course 1 - £36 / *£24 concessions
Course 2 - £30 / *£20 concessions

Do you have a passion for art? Are you a young creative looking to learn some new skills or explore new ways of working? Well, 'Explore' could be for you! This group will help you to build your art portfolio and will encourage you to develop work in a range of media, using a variety of art, design and craft techniques. You will also research the work of other artists, crafts people and designers, to help inform your own work! Share the creations you're most proud of with your friends and family.



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To book a place for your child/children, scan QR code, email dan@artspacecinderford.org, call **01594 825111** or visit www.artspacecinderford.org/young-creatives

Courses For Children and Young People

THURSDAY



Young Creatives: Advance (Ages 12+)

**Course 1 - Starts Thursday 8th January
6 weeks**

**Course 2 - Starts Thursday 26th February
5 weeks**

**5:30pm - 7:30pm
(at Artspace Cinderford)**

**Cost:
Course 1 - £40 / *£28 concessions
Course 2 - £33 / *£23 concessions**

Are you an experienced young artist looking to challenge yourself? If so, 'Advance' could be the group for you!

In this group, our experienced tutors will support your ideas, inspire new projects and using our fully equipped creative studios, help you develop skills in your chosen art form/medium.

We can also provide support and guidance throughout your studies, GCSE's, A Levels and more, or help you work towards programmes such as the Duke of Edinburgh or Arts Awards. Bring your coursework or projects to the class and work alongside other artists, with all the creative supplies you might need on hand.

Our relaxed and social environment will help inspire your creativity, whilst you make friends and have fun.

To book a place for your child/children, scan QR code, email **dan@artspacecinderford.org**, call **01594 825111** or visit **www.artspacecinderford.org/young-creatives**



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Young Creatives courses at Artspace will take a half-term break between 16th and 20th February.



Accredited Arts Awards are a nationally recognised qualification and Artspace is a registered National Arts Awards Centre. Our staff are trained advisers mentoring young people aged 11+ to gain Arts Awards.

Arts Awards inspire young people to develop their arts and leadership talents; they are creative, valuable and accessible.

Our advisers can support individuals who take part in our weekly activities to gain an award, or we can offer private mentoring with an Arts Awards Advisor.

To find out more contact **01594 825111** or email **dan@artspacecinderford.org**
For more information visit **artspacecinderford.org/arts-awards**

Courses for Children and Young People - Journeys



Journeys is an early intervention Arts on Prescription programme created in collaboration with NHS Gloucestershire and Young Minds Matter as part of the Trailblazer School Project and is now offered to all Gloucestershire schools and increasingly in community settings.

The programme aims to boost low mood, well-being and self-esteem of children and young people aged 7-14 by enabling participation in creative activities.

For further information about the project, to enquire about a schools programme, or to learn more about our community hubs please check the Artspace website or contact Grace at creativehealth@artspacecinderford.org

Journeys Forest of Dean Community Group

Venue: Cinderford Artspace, 3 Woodside Street, Cinderford, GL14 2NL

Time: Mondays 5:30pm - 7pm

Dates: Monday 26th January, 2nd February, 9th February, 23rd February, 2nd March, 9th March, 16th March (no session 16th February for half term)

How to Book

Places are free on a first come first served basis and confirmed upon receipt of an appropriate referral being received from a member of school staff, YMM, or a social prescriber.



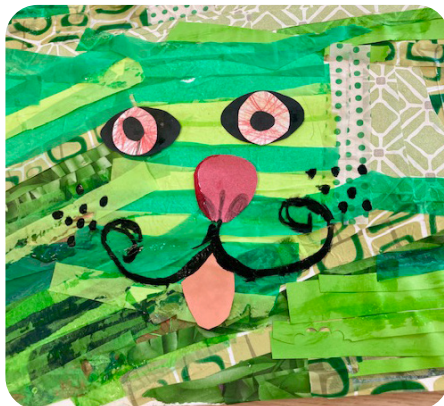
Gloucestershire



For all enquiries or to request a referral form contact Grace at creativehealth@artspacecinderford.org

"These sessions have been brilliant at helping our children develop confidence, express their likes and preferences in a nurturing environment without the pressures of the classroom"

"He shared how fun the sessions are, he feels like he can be himself. I can see a real difference in his mood when I see him, he loves sharing with me about Mondays with you!"



Courses for Children and Young People - Xpres!



Xpres! is an Arts on Prescription programme developed in collaboration with Gloucestershire NHS ICB, delivered in partnership with Art Shape and The Music Works.

The project supports young people aged 8-18 with a long-term health condition to be confident managing their condition, emotionally resilient, and encourages peer support. Forest of Dean sessions include aerial circus, circus skills, pottery including wheel work and arts and crafts.



"Great service that some of our patients benefit from. Keep the good work up!"
– **Clinician, Gloucestershire Hospitals**

"Coming to Xpres! has made me realise I'm not the only one and everyone is dealing with their own stuff. It's a place where you don't have to think about your condition while doing everything else." – **Participant**

"My child was worried and experiences anxiety however I can see this improving throughout the session. Everyone is friendly and this helps." – **Parent**

Xpres! Forest of Dean Sessions

Venue: Cinderford Artspace, 3 Woodside Street, Cinderford, GL14 2NL

Time: Saturdays 11am - 2pm

Dates: 31st January, 28th February, 21st March

How to Book

Places are free on a first-come-first-served basis and confirmed upon receipt of an appropriate referral being made by a clinician, social prescriber or school nurse. For all enquiries and to request a referral form please contact Creative Health Project Manager, Grace End at creativehealth@artspacecinderford.org



Gloucestershire



Engage Circus

Engage Circus



Engage Circus started with a small group of young people meeting one evening a week in a community centre in 2000 and has continued to grow. Come and join one of our classes and be a part of the next generation of Engage students.

If you would like to book on to any of these sessions please email **circus@artspacecinderford.org** to show your interest and then a follow up email will be sent out with a link to payment details and registration forms (not applicable if you attended last term). We have limited spaces, but if you know anyone that would be interested then please get them to get in touch.

Engage Circus courses at Artspace will take a half-term break between 16th and 20th February

TUESDAY



Aerial Fitness (Ages 18+)

**Starts Tuesday 6th January
with a half-term break
10:00am - 11:00am
(at Artspace Cinderford)**

**Cost: £6 per session
*Concessions available**

Want to try a different kind of fitness class? One that is in the air? Come along to Aerial Fitness where you will work through a range of exercises using trapezes, ropes, aerial hoop and silks. Working on core strength, you may not see a visible difference but you will feel stronger from these sessions.

Contact
circus@artspacecinderford.org
for more details.



Adult Aerial (Ages 18+)

**Starts Tuesday 6th January
with a half-term break
11:15am - 12:45pm
(at Artspace Cinderford)**

**Cost: £6 per session
*Concessions available**

Come and have a go on a variety of aerial equipment from rope climbing to static trapeze.

Enjoy a different type of exercise whilst your feet are off the ground and upside down.

Contact
circus@artspacecinderford.org
for more details.

Engage Circus

WEDNESDAY



Engage Juniors (Ages 6 – 10)

**Starts Wednesday 7th January with a half-term break
4:00pm - 5:15pm
(at Artspace Cinderford)**

**Cost: £5 per session
*Concessions available**

Develop your skills as a circus performer and learn tricks of the trade. Play circus games with others and see what circus skill your favourite is. Diablo, flower stix, rola bola, stilts, the list goes on.

Contact circus@artspacecinderford.org for more details.



Engage Seniors (Ages 11 - 17)

**Starts Wednesday 7th January
with a half-term break
5:30pm - 6:45pm
(at Artspace Cinderford)**

**Cost: £5 per session
*Concessions available**

Take your circus journey further with more tricks than you can shake a stick at. Learn combinations to turn them into routines and bring out your inner performer. Become the unicycle artist you were meant to be.

Contact circus@artspacecinderford.org for more details.



Engage Circus

WEDNESDAY



Youth Aerial (Ages 8+)

**Starts Wednesday 7th January
with a half-term break
7:00pm - 8:15pm (at Artspace Cinderford)**

**Cost: £6 per session
*Concessions available**

Enjoy hanging upside down, climbing high or just getting off the ground. Come and try our Aerial classes where you will learn the basics on various Aerial equipment – Trapeze, aerial hoop, rope climbing to name a few.

Contact circus@artspacecinderford.org
for more details

FRIDAY

Youth Aerial (Ages 8+)

**Starts Friday 9th January
with a half-term break
4:15pm - 5:45pm
(at Artspace Cinderford)**

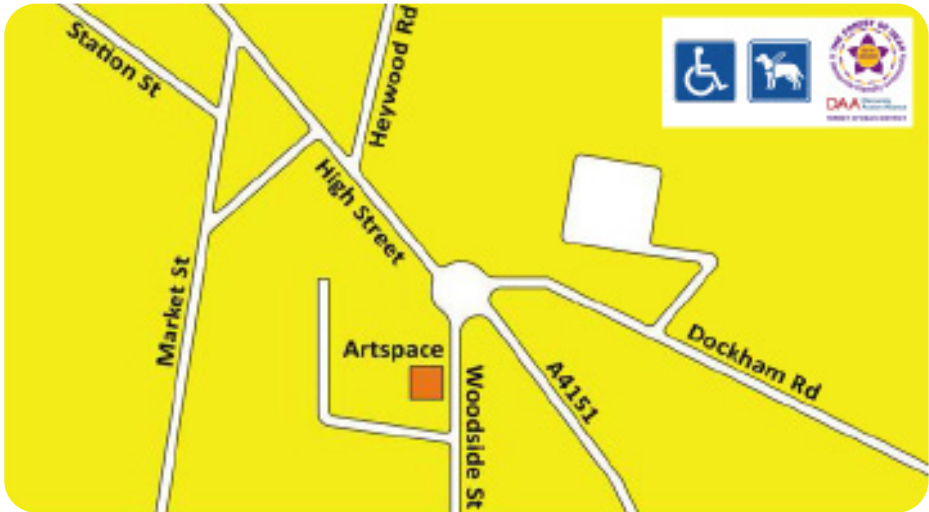
**Cost: £6 per session
*Concessions available**

Enjoy hanging upside down, climbing high or just getting off the ground. Come and try our Aerial classes where you will learn the basics on various Aerial equipment – Trapeze, aerial hoop, rope climbing to name a few.

Contact
circus@artspacecinderford.org
for more details



How to find us



Artspace has wheelchair access throughout with a platform lift to all floors except art room 2. There is wheelchair access through the front door to the lift, separate access from the side of the building into art room 1 and separate access into art room 2 at the rear.

Please note: We have some allocated disabled parking places, but WE DO NOT HAVE PUBLIC PARKING ON SITE. There is parking along Woodside Street within a few hundred yards of the building, or there is a council car park on Heywood Road.



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Artspace Cinderford, The New Mercury, 3 Woodside Street, Cinderford, GL14 2NL



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